THAT WHICH IS CLAIMED:

1. A measuring and dispensing apparatus comprising:

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a cup for measuring a powder, the cup having a flat upper edge circumscribing a top opening of the cup;

a funnel-shaped dispenser for depositing the powder, the dispenser having a receiving opening and an exit opening, wherein the perimeter of the receiving opening defines a flat leveling edge; and

wherein the leveling edge of the dispenser is configured to be scraped across the upper edge of the cup to level a quantity of powder in the cup such that the powder is even with the upper edge of the cup, and wherein the leveling edge of the dispenser is configured to be concentrically abutted with the upper edge of the cup with substantially no gap therebetween, whereby inverting the measuring and dispensing apparatus causes the powder in the cup to flow out of the cup through the exit opening of the funnel-shaped dispenser.

- 2. A measuring and dispensing apparatus as recited in Claim 1, wherein the cup is sized to contain a desired volume of powdered ingredients.
- 3. A measuring and dispensing apparatus as recited in Claim 1, wherein the funnel-shaped dispenser is substantially conical.
 - 4. A measuring and dispensing apparatus as recited in Claim 1, wherein the cup and funnel-shaped dispenser each have handle members, and wherein the cup handle member is movably attached to the dispenser handle member by a connection apparatus.
 - 5. A measuring and dispensing apparatus as recited in Claim 4, wherein the connection apparatus is a pin.
- 30 6. A measuring and dispensing apparatus as recited in Claim 4, wherein the connection apparatus is a ring.

7. A measuring and dispensing apparatus comprising:

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a cup for measuring a powder, the cup having a flat upper edge and a cup handle rigidly affixed contiguous to the flat upper edge;

a funnel-shaped dispenser for depositing the powder, the dispenser having a receiving opening and an exit opening, wherein the perimeter of the receiving opening defines a flat leveling edge and a dispenser handle is rigidly affixed contiguous to said leveling edge; and

a connection apparatus for movably joining the dispenser handle to the cup handle so as to permit the leveling edge of the dispenser to be scraped across the upper edge of the cup to level a quantity of powder in the cup such that the powder is even with the upper edge of the cup, and wherein the leveling edge of the dispenser is configured to be concentrically abutted with the upper edge of the cup with substantially no gap therebetween, whereby inverting the measuring and dispensing apparatus causes the powder in the cup to flow out of the cup through the exit opening of the funnel-shaped dispenser.

- 8. A measuring and dispensing apparatus as recited in Claim 7, wherein the connection apparatus is a pin.
- 9. A measuring and dispensing apparatus as recited in Claim 7, wherein the connection apparatus is a ring.
- 10. A measuring and dispensing apparatus as recited in Claim 7, wherein the cup is sized to contain a desired volume of powdered ingredients.